

POSITIVE PSYCHOLOGY COACHING TRAINING

With Dr. Robert Biswas-Diener

**ACCREDITED BY
ICF**

International Coaching Federation



POSITIVE PSYCHOLOGY COACHING TRAINING

With Dr. Robert Biswas-Diener

People are facing more uncertainty and pressure in all areas of life than ever before.

Coaching provides a space for them to consider issues, clarify thoughts, learn about themselves, and create plans. Great coaching requires technical skills, practice and feedback.

In this training programme, you will learn how to help people gain insight and make effective change. This workshop begins with an emphasis on foundational coaching skills including cultivating coaching presence, active listening, and asking great questions. It then builds on these basics by applying theory and tools from positive psychology.

EMPOWER OTHERS THROUGH POSITIVE PSYCHOLOGY COACHING

Suitable for both beginners and more experienced coaches, this training will challenge you to be a more effective thought-partner with your clients, students, or supervisees.

This workshop is facilitated by master-trainer, Dr. Robert Biswas-Diener. Robert is widely acknowledged as the pioneer of positive psychology coaching and has trained coaches and leaders throughout the world.

WHO CAN BENEFIT FROM THE TRAINING

- New and Experienced Coaches
- Team Leaders and Managers
- Anyone working in People Development
- Anyone interested in Personal Development

WHAT YOU WILL RECEIVE

For Certified Coaches

- Certificate in Positive Psychology Coaching
- International Coaching Federation (ICF) credit hours

For TSPP Alumni

- Certificate in Positive Psychology Coaching

For Non-Coaches

- Certificate in Positive Psychology Interventions

Certificates are jointly awarded by The School of Positive Psychology and Positive Acorn.

TOPICS COVERED



Coaching
Philosophy



Developing
Coaching
Presence



Solutions-Focused
Coaching



Setting
Powerful
Agendas



Excellent
Listening



Ethical
Coaching



Asking
Deep
Questions



Strengths
Approaches
to Coaching



Positive
Work





Fri, 16 June 2023 | 9am - 6pm

Sat, 17 June 2023 | 9am - 6pm

Sun, 18 June 2023 | 9am - 5pm



**The School of Positive
Psychology Campus**

Course fee:

\$3,888

w/GST

**Receive up to
\$400 discount**

if you register by 19 Apr 2023,
or if you are a TSPP Alumni!

ABOUT THE TRAINER



Dr. Robert Biswas-Diener is one of the world's leading experts in the study of happiness. He has published more than 70 academic papers on topics ranging from hospitality to leadership coaching. In addition to his research, he is author of *Positive Provocation* (2023), the New York Times best-selling *The Upside of Your Dark Side* (2015), and *Practicing Positive Psychology Coaching* (2010).

Robert has leveraged his expertise in culture, wellbeing, and strengths to innovate the field of positive psychology coaching. This form of coaching builds on the foundation of coaching skills and applies scientific theories and findings to promote wellbeing and positive outcomes, bridging the gap between science and practice. He is widely known for his ability as an educator. His training employs humor, storytelling, and state-of-the-art instructional design in order to facilitate effective learning and ensure participants can both retain and apply the knowledge they acquire.

Registration Form

Please sign me up for:

**SIGN UP BY 19
APRIL TO RECEIVE
\$400 EARLY BIRD
DISCOUNT**

Positive Psychology Coaching Training (16-18 June 2023)

- Retail price: SGD 3,888.00 w/GST**
- Early Bird: SGD 3,456.00 w/GST**
- TSPP Alumni: SGD 3,456.00 w/GST**

Name: Dr / Mr / Ms _____

Email: _____

Mobile: _____

Address: _____

Signature: _____ Date: _____

- I acknowledge that I am able to attend all sessions for the training, and that certification will only be issued upon successful completion of all components.

Payment will be made by:

- Bank Transfer:
Bank name: OCBC bank
Beneficiary name: The School of Positive Psychology Pte Ltd
Beneficiary account number: 662 837319 001
- PAYNOW:
UEN 200703523D
- NETS
- CREDIT CARD

TERMS & CONDITIONS

Payment terms: Following completion and return of registration form, full payment is required within 5 (five) working days. Payment must be received before the commencement of the event. We reserve the right to refuse admission if payment is not received on time. Payments are non-refundable. It is your responsibility to ensure that you are able to attend all workshop modules.

PRIVACY

Any information provided by you in registering for this training is being collected by the School of Positive Psychology Pte Ltd and will be held in the strictest confidence. It will be added to our database and will be used primarily to provide you with further information about events and services provided by the School of Positive Psychology.








GET IN TOUCH

For more information on this programme, contact us:

-  Call +65 6884 5162
-  Whatsapp +65 8792 0415
-  Email enquiry@positivepsych.edu.sg
-  Visit us at our campus:
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#01-09 Stamford Court
Singapore 178892

CONNECT WITH US

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