



Certificate in Character Strengths Application

This module explores the science of strengths as the foundation of positive psychology and a guide to understanding human highest potential. Learners will learn about classifications and measures of strengths and explore the diverse strength-based approaches for individuals, teams, and organisations.

Learners will have an opportunity to apply science-based practices to activate their strengths, learn the 'golden mean' of strengths and explore how they can apply their unique strengths constellations across life domains.

Entry Requirements

- A pass (C6) in 1 GCE 'O' Level subject conducted in English, or
- A pass for ITE NITEC course in any field, or
- Mature candidates (30 years old and above), with 8 years work experience

Course Delivery

- Lectures and case studies discussions
- Hands-on activities
- Class presentation

DURATION

1 MONTH

REGISTRATION FEE

\$163.50 w/GST

TUITION FEE

\$1853.00 w/GST



+65 6884 5162



enquiry@positivepsych.edu.sg



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