



# Certificate in Introduction to Art Therapy

This module utilise a variety of art materials that encourages self-expression to explore problems and facilitate positive change and personal growth. The focus is not on artistic skills, but on engaging in a creative personal process that helps reconcile emotional conflicts, foster self-awareness, develop social skills, solve problems, reduce anxiety, aid in reality orientation, and increase self-esteem.

## Entry Requirements

- A pass (C6) in 1 GCE 'O' Level subject conducted in English, or
- A pass for ITE NITEC course in any field, or
- Mature candidates (30 years old and above), with 8 years work experience

## Course Delivery

- Lectures and case studies discussions
- Hands-on activities
- Class presentation

DURATION  
**3** MONTHS

REGISTRATION FEE  
**\$163.50 w/GST**

TUITION FEE  
**\$1853.00 w/GST**



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